

6. Innkuan Sunga Kizopnate

Lai siangtho Bulphuhute

1Pet. 3:1-7

Gen. 2:18-25

Eph. 5:21-33

1Cor. 7:1-40

Eph. 6:1-4

1Cor. 11:3, 11-12

Col. 3:18-21

Pro. 31:10-31

Matt. 19:1-12

1Tim. 5:4,8

b) Thupatna

Innkuan kipawlina pen Pasian in phut hi (Gen. 1:27-28; Gen. 2:24). Hih pen pasalte, nupite leh a tate in Pasian Gam thubulpite a pulak theih nading vua a kip a kho inndei kip khat hi dinga kisuai ahi hi. Hih innkuan pen mihing gui mahmah a pun nading leh tuate sungah khalam khantohnate a omna ding ahi hi. Ahizong in tuni-in hih innkuan pen kitamzan khin hi. Pasian tupna banga mipi a khantoh theihna dinga kip a kho ahih sangsik in, mi honpi a poi a hemsak a kitamzan mun khat suak khita hi. Innkuan nuntakna ading a Pasian thubulpite a kiphuhkik leh tua innkuan zong a kisuah bang ahi thei dingin nuntakna ading a kip a kho dinmun bulpi suakkik thei ding hi. Hih in i nuntakna a gimhuai leitung pan in hong hu hong daal muanhua a ngah theihna dingin mimal khatciat in theisak ding hi.

Innkuan sung mimal khatciat in innkuan sunga ding zangin lawhcingtak-a a gamtat theihna dingin a tuamvilvel innkuan sung kizopnate Pasian in suai khin hi.

Pasian Innkuan Kipawlina

Zi, Pasal huh ding (Gen. 2:18)
a pasal tunga ki-ap dingin kilamen
a (1Pet.3:1; Eph. 5:24); tate tungah
thunei nihna hi.

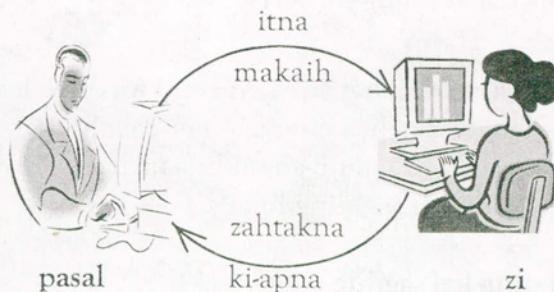
Khazih, Pasal ii lutang:
Innkuan ii Topa (1Cor. 11:3)

Pasal, Zi ii lutang:
Tate tunga thuneipen
(1Cor. 11:3; Eph. 6:13)

Tate

A. PASAL LEH ZI KIKAL KIZOPNA

Pasal leh Zi kikal kizopna
Pasian



(Theih ding: Pasian a naih semsem uh leh khat le khat kineh semsem dinguh hi)

a) Pasal Mun

1. Amah pen lutang ding hi (Gen. 3:16; 1Cor. 11:3; Ephe. 5:23)
 Zeisu pen mipa lutang leh Pawlpi lutang ahih mah bangin pasal pen a zi lutang hi ding hi. Hih pen Pasian koih mun hi. Hih pen Pasian gel hi. Pasian pen a zi leh a tate tunga Pasian tanga thunei ahi hi. Hih pen mawhpuakna leh thuneihna uh ahi hi. Pasal in Khazih thunneihna nuai-ah nungta in a lutang a hi Khazih ading mawhpuak leh a zi (le a innkuau) a kep ding mawhpuak nei hi innkuau lutang ahih mah bangin khathu, lungsim leh ci leh sa thu a zi leh a innkuau a ding a kisam ta dingin Pasian mai-ah Pasian lungsim zong ding hi. Pasian hutna leh thuphate zong ngen ding hi. Hih pen cing lo leh kidim lo a ngaihsutna thu hilo in, pasal mun-a muhna hi. A innkuau ading in siampi banga a tat ding ahi hi (1Pet. 2:9). A innkuau tungah Pasian thuneihna a tungsak ding leh Pasian mai-ah a innkuau tun ding hi. Khalam lamlahna a innkuante pia dinga Pasian zia-a kikhalna pia in kin masak pen dingin gupkhiatna zong bawl ding hi. Pasian pen ahih ding bangin a nuntak leh a mah leh a innkuau Pasian in pahtawi in thupha ding hi.
 2. A zi it ding hi (Ephe. 5:25, 28:33)
 Hih pen thupiak hi-a deihteel hilo hi. Hih lai a ‘it’ cih kammal pen Greek ah ‘agape’ hi a Zeisu in eite ading a hong sihna tawha hong lah itna tawh a kibang kipumpiakna itna hi. Hih bangdan itna in gamtatna maan kal a, ngaihsutna hoihte tungah kinga lo hi. 1Cor. 13:4-8 in hih bang itna hong lak a, lungduaina, migitna, a beitheil cihte hi-in, tuate pen pasal in a neih ding cinnate hi. Hih pen ei le ei kipiakna hi. Pasian hoihna mai-ah innkuau nupa lampi kisia-a, a hang pen pasal in a zi pen a mawkngah bangin tuat in a zi tungah itna tawh gamta suak lo hi. Tua hangin Pasian koih ama mun zoptoh ding lawhsam hi. Pasal in amah leh amah a ki-it bangin a zi a it ding ahi hi. Ama ading a piang thei na khempeuh a zon mah bangin a zi ading na khempeuh a zonsak ding ahi hi.
 3. A zi vak in kem ding hi.
 Pasian in numeite bawl a, tua pen a kiten uh ciangin a pasal leh a pasal ukna a lunggulh na dinguh ahi hi (Gen. 3:16). Numeite pen pasalte sangin lungsim lamah nemzaw uh hi. Tua hi-a, pasal in a zi nuntakna ah a kisam nisim leh lungsim lam thute Pasian mai-ah a piak dingin mun nei hi. Itna tawh thupi bawlina, a zi tawh kizoptuahna leh itnate a piak ding hi a, tuate pen a zi-in kisam hi.
 “Tua mah bangin pasalte aw, na zite uh tawh na nuntak khawmna uhah no sanga a thahat lo zaw pan nunbtak khoppih ahihlam phawk kawmin zahtak un. Hehpihna letsong ahi, nuntakna a luahpihte bangin amaute na khual un tua hileh na thungetna uh bangmah in hong dal kei ding hi.” (1Pet. 3:7).
 4. A zi phat ding hi (Prov. 31:28)
 Pasal in a zi tungah Pastor mun nei a, a pianken kivaknate leh khalam nasepnate ah a phawkpha dingin khangtosak thei dingin a nei zongin a zi nasepna leh tangtutnate zahtakna kicing pia ding hi. Hi lai mun-ah muhna zai nei in, mawhpuakna leh thuneihna zatpah dingte a zi khutsungah pia ding hi.
- b) Pasal ading Zatpah ding kal sagihte
1. Numei ngaihsutna pen pasal aa mah bangin thupi cih pasal in thei ding. Pasal in a

zi manphatna ding a hanciam dng hi a, tua bang cianga Pasian in a bawlna ahihna ah a lungdamna a a zi nuntakna-ah a gen ding ahi hi. A zi ngaihsutnate a ma aa zah mah a thupi ahihna a uplohma pan in lungtomna khaici khangsak ding hi. Numei khat i ngaihsut tawmna pen pasal khat a sang hoihzaw thei gige hi. Hih pen a tate kisapnate a phawktheih baihna ah kiteltakin kilang hi. Ama ngaihsutnate pulak nading hun piak lohna in ama sungah lungkiatna leh kicing kisak lohna piangsak thei hi.

2. Nisim a a zi khensatnate tung a pasal lungsimpauk in, khensatna thupite ah ama lungsim puak sukha pahlian hi. Pasal in ama deih bang a a sep theihloh na munte ah a zi deih bangin khensat nopna nei pah thei hileh a zi in a thukimpiah loh khensatnate a bawlna ah a zi ading a ki-ap nading in baihzaw sak hi. Hih pen a pasal lam a kipiakna lakhkhat na (mi dang khat ii deihna ah zahtakna tawh ki-apna leh manna) ahi hi.

3. Pasal in a zi tawh koici thuakkhop dingcih thei ding hi.

Pasal in a zi thuak banga a thuak theih ding a hanciam ding hi a, a diakdiak in a cidamloh hun leh a lungkiat hun ciang hipha diak ding hi. A zi kisapnate, itna tawh kizoptuahna leh zahtakna a piakna ah a kipiak theih ding kisam hi. Numei khat tunga thupiangte pen pasal tunga sangin tamzaw thei hi. A pil pasal khat in a zi niamnate pelh theih nading geel ding a, "Tu in nang bang a ci?" cih bang kammalte pelh theih nading zong ding hi.

4. Pasal in a zi vangikte a puakpih ding sin ding hi.

Pasal leh zi kikal ah kitai ding leh kinial ding launa omlo-a, buainate leh vangikte suakta taka puakkhop thuakkhop theih nading a thuk leh a nuam kizop tuahna kicing tak in om ding hi. A zi in hoihtak a thungaih ding a kisap ciangin a lungkiat nate a suksiang nading hun in zang lo ding hi. Pasal leh zi in a thanemnate uh a mittang pan un kithei tuah khin hamtang uh hi. Khat in thahatna leh sepzawh nate a neih ciangin a khat ading in lungkimna khansak nading tawhkuangna khat om hi.

5. Pasal pen lainatna nei hi ding hi.

Pasal kician khat aih leh hi teltal, thu kineisak in lungkhauh ding hi cih ngaihsutna khat pasal khempeuh in a neih lunggulhna khat om hi. A hoihpen in hih ngaihsutna maan lo hangin kithumanna bel ngah ding ahizong in zite zahtakna bel ngah lo dinguh hi. Pasal mawhpuak pen itna leh makaihna hi (Prov. 18:12). Pasal in a kisamte bek a gen ding zong kisam hi (Prov. 10:13). Pasal in a zi gamtatnate mawhsakna sangin buaina taktak pen a siansak nading in sin ding hi. A zi-in a hehsak, dahsak ciangin a khialhnate a mawhsak sangin bang thu in a zi tua ci gamtatsak hiam cih khentel thei ding hi.

6. Pasal in a tawntungin gamtat hoih a zat ding sin ding hi.

A zi tunga a gamtatziate pen a kingaih lai vua kipan in kilam to ding hi. Hih vai zangkhai ngaihsutna in a zi pen a mawknagh suaksak in a zi ngaihsutna neu sak hi. Numei khat in a na sinkhak leh lungsim thuaknate um nuam pahpah hi. A tuam vilvel a thupi bawlna a ngah keileh a pasal in don lo hi ci-in zi-in um hi.

7. Pasal in Pasian zia a nuntakna lim seh ding hi (1Pet. 5:3).

Hih pen pasal in thumaanna mititna hoihna leh itnate lak ding cihna hi a, mawhmaiisak nopna zong nei ding hi.

c) Zi dinmun

Zite in Topa tung mah bangin a pasalte tungah ki-ap dinguh hi (Eph. 5:22). Zite in a piangthak nailo pasalte tung nangawn ah ki-ap dinguh a, a pasalte uh zahtak dinguh hi (Ephe. 5:33).

1. Zi khat in Topa thupi pensak ding hi. A pasal tawh kizop tuahna hoih a neih nading in Topa tawh a kizopna khang sak ding hi. A taktak in pasal leh zi-in Topa bek a thupi sak dinguh thupi hi. Topa tawh a kinai semsem le uh amau zong khat le khat kinai semsem dinguh hi.
2. Numei khat ii ngaihsut pakna pen pasal khat thu theih sang hoihzaw thei hi. Zi-in a lungsim thuaknate a hun lian in genkhia thei khollo kha dinga, ahizong in hih pen ama ngaihsutnate neuseh nading hi tuanlo ding hi. Tua sangsik in a pasal tawh tua thute kikum khawm dinguh hi.
3. Bangci bangin zi-in a pasal leh ama kikal a kithutuah lohnate siangsak thei ding. A dikdiak in a pasal khial hi ci a a ngaihsut teh? Pasian pen a pasal ii lutang ahih lam a phawk ding kisam-a, a pasal tungah Pasian in a na hopih nading in thungen in tua kituah lohnate Topa tungah ko ding hi. Zi-in Pasian tung leh a pasal tungah ki-ap siam theih nak leh (1Pet. 3:1-7), Pasian in a pasal lungsim khel dinga, a diakdiak in, amau kitenna leh a innkuau vua dinga Pasian ngimnate a susia cip ding khensatmate a bawl ding ahih leh Pasian in a ngaihsutna khel ding hi.
4. Zi-in hahkat luat kullo hi. Tua pen thuneihnate tona suak in, tua tawh kilehbulh a ma ut bang in sem nuam ding ahihman in a pasal khialhna pan puahphat nading nak pan luat ding hi lo hi.
5. Zi-in a pasal ading thungen ding hi. Nisim in thungetsak in innkuau lutang a hihna leh a nasepna sung a dinmun ah thapia ding hi (Prob. 12:25).

B. NU LEH PATE LEH TATE KIKAL KIZOPNA

a) Nu leh Pa dinmun (Col. 3:18-20)

Nu leh pate pen Pasian piaksa a tate uh a khantohsak dingun Pasian in mawh puakna guan hi. Tua hi a, a tate uh Pasian zia in khansuah dinguh hi (Eph. 6:4). A taktak in nu leh pate ngimna pen Pasian na sep na dingin Khazih sungah a tate uh a picinsak dinguh ahi hi. Pasian lampite sunga hoihtak a kipantah naupangte pen a teek uh ciangin tua lampite pan piallo uh hi (Prov. 22:6). Nu leh pa te'n a tate uh nei lo uh a, tua a tate uh a kem ding bek in Pasian in mawhpuakna a guat ahi hi.

b) Tate tunga Nu leh pate mawhpuak

1. Tate pen kideih in ki-it ding hi

Innkuan kip nading in innkuau sunga itna kihawmna pen kisam mah mah hi. Itna lo tawh inn pen mite in an a nekna, a lupna ih bang bek in ngaihsun kha ding hi. Tua khit teh ahih theih zah in man hun tak a nusiat ding inn khat hong suak lel ding hi. Nu leh pate in innkuau sung mite sangin innkuau vaigelna (gentehna in inn lam beh ding) cihte a kin zawk uh teh; khat sang in a dang khatpeuh a pahtak

zawk uh teh (theih loh kal nangawn in). Innkuan sangin a nasep a thupisak zawk teh; a tate nial in leh kisam le uh kisam kei le uh, a deih bang bang pia in a siatsak uh teh; khalna tawm beek (thuhilhna leh puahphatna) a neih loh uh teh a itte uh makaih khial uh hi.

2. Pasian in tate pen thupha in Ngaihsun hi

Tate pen

- Topa go ahi hi. Tua pen Pasian piakte hi (Psa. 127:3).
- thupha hi-in samsiatna hilo hi (Deut. 28:4).
- mi thahatpa thaltang; thaltang lawng dim a om (Psa. 127:4-5).
- Topa thaman/ thupha hi (Psa. 127:3)
- Na sabuai kimkot a olive no dawngte hi (Psa. 128:3)
- Kumpilukhu hi (Prov. 17:6).

3. Tate in a kisap ciang puahphatna ngah dinguh hi

Nu leh pate in a tate uh siatna ding pelh in, khal dinguh hi (Pro. 29:21). Nu leh pate in lamlahnna ah a tate nuntakna tungah thuzawhna a neih uh leh dawi gilo in thunei lo taktak ding hi. Gamtat hoih lo pen kithuhilh ding cih tate in sin ding hi. Tua pen hehna tawh hilo in itna tawh hi ding hi. Pasian in hong it ahihman in hong thuhilh a nu leh pa in a tate uh it ahihman in khal dinguh hi (Heb. 12:5-11).

Hih thupi liante hangin tate thuhilhna pen thupi hi: -

- naupang khat tungah haina kigakcip hi (Pro. 22:15; 23:13-14).
- haina tawh a om naupang khat kikphasak ding hi (Pro. 14:3).
- haina leh kiphatsatna tawh a om naupang khat in amah susia ding hi. Banghang hiam cihleh tua in koitot kiselna, (Pro. 13:10); kidemna (Pro. 28: 25). Maizumna (Prov. 11:12; 29:15) cihte piangsak ding hi.

4. Tate pen tai ding hilo in, pahtahna leh Topa thuhilhna tawh khansuah ding ahi hi (Eph. 6:4; Col. 3:21; Pro. 22:6). Pantah cih pen hilh teiteina, khalna leh thuhilhikna tungtawn a a gamtatna taatna; kidemna dinga kiginkholh sakna ci in kitel kheh thei hi. Pattahna pen hilhna ciang bek hilo hi. Bang hang hiam cihleh hilhna in naupang khat in bang sen ding ih bek theihsak a, pattahna in bang hih hiam cih thuzawh in musak hi. Amasa pen lungsim tawh kisai-a, a nunung pen a deihna tawh kisai hi. Cing a khialhnate puahphat va hi loin cinga a khiallo ding a kham na pen pattahna leh kisuk khak baihnate neulai pen lungsim ngaihsutnate tawh nuntakna leh kisukkhak baihnate tawh kiciamteh-a, hihte pen nu leh pate in a hoih, a deihhuai leh a lunggulhuai lungsim ngaihsutnate piansakna tawh zanguh hi. A muibun pattahna pen, nu leh pa in a gen leh a hilhna ah kinga lo ni a sepna tawh kinga hi. Ei mahmah in i nuntak pih zawh loh thute tawh i tate mawk thuhilh thei lo hi. Eite hilh bangin i nuntak teh mi dangte zong tua banga nungta dingin kihilh thei hi (Prov. 20:7). Nu lehpa itna, Pasian guat itna in inn sungah thuzawhna lian nei-in tate ading in muibun takin khansuah to hi. Itna in a kallh pen thukham in a sawl sangin thupi zaw hi.

5. Tate pen suakta tak a a khantoh ding leh a ki lamtoh dinguh kisam hi. Nu leh pate in Topa tungah tate ap in khangtosak dinguh hi. Hih pen a hunlian in nu leh pate in lungnemtak in a bawl ding kisam hi. Naupangte hong khangto in nu leh pate ukna nuai pan hong suahtak ding uh pen thuman ahi hi.

Tate tungah lamlahna hoihte piakna pen hoiha, ahizong in nu leh pate pen tate tungah a diakdiak in hong gol khit uh teh khauhluat ding hilo hi. Nu leh pate leh tate kikal kizopna pen khangto ding hi. Gamtat luhek tungah kizopna a hangte a om ding kisam-a a kisap leh leptuahna a piangsak lungsim puak tel theihna kisam hi. Khat veivei nu leh pate in nak kep lualiang lung himawh lua liangin ngaihsun uh a, amaute pen thumang lo leh a kineih tawm in ngaihsun uh hi. Hih bangte pen Pasian zia tawh a tate a it nu leh pate kici theih ngei lo ding hi. Banghang hiam cihleh hih nu leh pate in Pasian Kammal leh Ama Kha siangtho nasepna tawh a tate omzia leh gamtat luhek a kikhel ding lunggulh uh hi. Nau pangte khansuah nading a Pasian lampi pen amau thu in Christian hong suak in, amau leh amau a hong nuntaktoh ding leh a nu leh a pate uh it leh zahtak veve dinguh cih ahi hi.

Khang no khat ii lehdo theihna pen ta khempeuh in a phut ding thu khat hilo cih phawk in. Nu leh pate langkhat a lehdona pen mawhna hi. Hih pen tate hoihna ding mawhpuakna nei ding a nu leh pate a pia Topa langkhat a lehdona tawh kibang hi. Hih bang lehdonate pelh nading in nu leh pate in a hunlian in tate tungah suahtakna piak ding ahi hi.

c) Tate Dinmun (Col. 3:20)

Tate in a nu leh pate thumang, pahtawi-in a zahtak dinguh Pasian in lamen hi. Hih pen amau kizoptuahna dinmun hi. Pasian Thupiak ngana ah, “Topa na Pasian in nang hong piak leitangah nuamsa in na nuntakna a sau nading in na nu leh pa pahtawi in.” ci hi (Exo. 20:12). Hih pen kamciamna tawh kithuah thukham masa bel hi.

Naupangte in Zeisu a bat theihna dinguh a diakdiak in a lungsim puakte uh leh a thuhkiknate vuah zong dinguh hi. Zeisu pen khat veivei a pa nasep tawh kitukalh-a gamta tawh a kibat hun a om tei hangin a nu leh pate thuneihna nuai-a kipia hi. Zeisu in a thumannan hangin pilna (lungsim lam) leh pumpi (ci le sa lam) ah khangto in Pasian leh mite maipha ngah hi (Luke 2:46-52).

Tate in a hoihlam ahi, heh lohna, a nu leh pate tunga lungsim sia lo a a nuntak dinguh zong dinguh hi (Eph. 6:1-3). A lungsim puakte uh a khialh leh Pasian leh nu leh pate in a maisak nading ngen dinguh hi. Hih in kisungsiatna pan leh kitelkhialhna leh thangpahnate pan kipelhsak ding hi. Khasiatna leh lungkimlohnate kep cingna pen maan ngeilo hi (Mark 11:25). Tate in nu leh pate tungah lungmuanna nei-in amau ading a maan hi ci-a, a ngaihsut sakte vuah ki-ap dinguh hi. Nu leh pate sawl thu khat Pasian deihna tawh a kituah keileh Pasian in amau a ding a hoih a maan-a a koihsak nading in Pasian tungah thungen ding hi.

Tate in Topa sungah nu leh pate thumang in a golkhit uh ciangin zong amauta a kepna uh mang dinguh hi (Eph. 6:1-6; 1Tim. 5:4-8).

d) Dotnate leh kikupkhopnate

1. Innkuuan pen banghang in thüpi mahmah hiam? A kip a kho ding banghang in kisam hiam? Banghang in a zawng innkuante kim le pam tawh kizopna ah khangto lo hiam?
2. Pasal khat in koici bangin a zawng innkuuan sungah itna ngaihsutna hihte leh

thuneihnate khinkhai ding hiam? Kam kum in.

3. Khasiangthozia tawh a diakdiak in a khua pawlpi sungah ama innkuan a kumlo leh khansuh lote banghang in Pasian in deihlo hiam? (1Tim. 3:4, 5, 11-12).
4. Bang pawlpi ah kikhawm ding cihleh sawmah khat koi ah pia ding cihte kua in khensat ding hiam?
5. Khazih zahtakna tawh khat le khat ki-ap tuah ding banghang in zite palsalte in kisam hiam? (Eph. 5:21).
6. Na nu leh pa in Topa a theih nai keileh a hampha dinmun khat sung a a om ahi hi. Hih pen bang hiam? (1Cor. 7:14).
7. A kitot hat zi pen bangci bang hiam? (Pro. 19:13)
8. Zi khat in a tawntung in a pasal zahtakna leh kipiakna a lah leh a pasal ading khenulna suak lo ding a hiam?
9. Pasian in eite hong it ahihman in hong thuhilh hi (Heb 12:6). Nu leh pate in a tate uh it ahihman in a thuhilh dinguh hilo a hiam?
10. Nu leh pate in khatveivei hih inn sungah na om laiteng kong gen bangun sem inla, nang thu a na om a kipan na ut bangbang sem thei hi teh ci thei uh hi.
 - Hih pen lungsim maan leh a ta tungah sepna maan a hiam?
 - Nu leh pate in bang khaicite vawh khin ahi hiam?
 - Tua ta in inn a nusiat khit teh a nu leh pate in bang piang ding cih don nawn lo in ngaihsun in tua ni tung hak a sa uh hiam?
11. Tate Pasian biate ahi dingin thapiak ding ahi hiam? (Matt. 21:15-16)
12. Tate aw, na nu leh pate tungah na lungsim puak uh a khialh leh Pasian leh na nu leh pate mawhmaisakna ngen un.
 - Nu leh pate aw, na tate uh tungah na lungsimpuak uh a khialh leh Pasian leh na tate mawhmaisakna ngen un.

e) Tomlakna leh zatpahna

1. Innkuan pen Pasian phuat hi. Pasalte, nupite leh tate in hih innkuan sungah kipna kho na a zon dinguh hi a, innkuan mimbal khatciat khalam khantohna nei theisak ding hi.
2. Innkuan pen lutanga Khazih neih ding hi-a, tua pen innkuan Topa Zeisu hisakding cihna hi.
3. Pasal pen innkuan tunga Pasian seh thuneipa hi. Amah pen a zi lutang leh tate tunga thunei bel hi ding hi.
4. Pasal in a zi it in makaih ding a innkuan ading siampi khat bang hi ding hi.
5. Zi pen pasal huh ding leh panpih ding ahi hi. A pasal tungah ki-ap ding leh a zahtak dingin kilamen hi.
6. Innkuan sunga thu um mite gamtatnate leh thungetnate tungtawn in innkuan bup a gupkhiat ding pen Pasian lunggulhna ahi hi (Acts 16:31; 1Tim. 2:14).
7. Nu leh pate in a tate uh neilo uh hi. Amau pen Pasian lampi zui a a tate uh a khansuh dingleh Pasian piak a tate uh a khango sak ding neihsa kem tavuan neite uh ahi hi.
8. "Thu hong manh theihlai in na ta thuhilh in; na hilh keileh a sih nading a deih na

hi hi." (Pro. 19:18).

9. Tate pen Pasian kammal hilh ding kisam hi (Deut. 6:1-7)
10. Puah phatna / khalna (aihkeh) kiphatsakna/ lehdona nu leh pate in a tate a khansuahna tawh kisai-in hih teelna kinga hi.
11. Tate pen a nu leh pate ii thumang ding pahtawi ding leh zahtak dingin kilamen hi.
12. "Tate tute pen putek / pitekte lukhu hi a nu leh pate pen tate kisialhna ahi hi." (Pro. 17:6).